

## SPAULDING WAS CONFIDENT

While Montpelier High Was Nervous, Losing 27 to 14 at Montpelier

WINNERS SHOWED MARKED SUPERIORITY

The Spaulding Second Team Toyed with the Montpelier Seconds

Supported by a large crowd of those interested in the athletics of Spaulding, the two basketball teams from that school defeated Montpelier high school team last evening in the armory in Montpelier by a score of 27 to 14. The Spaulding team won by a score of 20 to 0, the Montpelier team being unable to do anything with the second team from Spaulding, who outclassed them in every point of the game.

There was a wide difference in the style of playing between the varsity teams of the two schools, the Spaulding five playing with the ease of veterans, while the Montpelier team played as freshmen generally do, nervous at times. Spaulding did not have to play its limit of speed or endurance because the Montpelier team did not have the stuff to make them go. Most, in the last period, received a jolt in the neck which delayed the game for a few minutes, but from which he recovered in a little while. Wilkins, who played for a little time in the last period, made a good appearance. Mann of the Spaulding team was the bright spot of his aggregation, making a total of 15 points, or more than half those made by his team. He was all over the floor and kept his man on go to guard him.

Spaulding played in hard luck in shooting for baskets; chance after chance was tried only to have the ball roll outside the rim and then go into play again. Many times the ball went into the crowd so that this prevented Spaulding getting scores frequently, for the ball would have been in their possession had it not gone to the center for the referee to throw it up again.

Morse and Carpenter guarded their opponents so well that they were unable to do much. Smith was off in the evening and seemed to be in the way of many plays instead of in the way of many plays. The game was a close one, although he did not figure in the basket throwing as much as usual.

The gallery of the building was filled, while the stage and all available standing room at each end of the room was occupied. They cheered their teams with vim and good fellowship. The summary:

Spaulding. Montpelier.  
Lyons, f. . . . . f. Smith  
Mann, f. . . . . f. Lackey  
Geals, c. . . . . c. Mills  
Morse, g. . . . . g. Whitcomb  
Wilkins, c. . . . . c. Donnelly  
Score, Spaulding 24; Montpelier 14; baskets, Mann 7, Lyons 4, Geals, Morse, Lackey 3, Smith 2, Mills, from fouls, Mann, Smith 2, referee, Cullen; timer, Smith; scorer, Carroll; time, 20 minutes periods.

Montpelier Seconds Outclassed. There was but little to the second team game, Montpelier did not show anything at all and the Spaulding players passed and handled the ball with ease, getting baskets almost at will. McHardy seemed to have the best luck at this and played a strong game, while his forwards did equally as well. There seemed to be but little feature playing in this game, although some good shots at baskets were made. Montpelier was unable to get any team work going, while Spaulding seemed to be using it all of the time. The summary:

Spaulding. Montpelier.  
Denmore, Wilkins, f. . . . . A. Comi  
McHardy, f. . . . . f. O'Dell  
J. Young, c. . . . . c. G. McKee  
Murphy, g. . . . . g. J. McKee  
S. Young, g. . . . . g. Kane  
Score, Spaulding 20; baskets, McHardy 4, Murphy 3, J. Young 2, Wilkins; referee, Gross; umpire, Clark; scorer, Carroll; timer, Smith; time, two 15-minute periods.

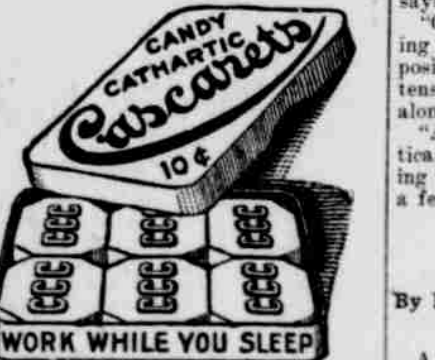
### THE STANDING OF THE LEAGUE.

Team	Won.	Lost.	Pct.
Burlington high	5	2	.875
Spaulding high	5	2	.714
People's academy	3	2	.600
Montpelier high	3	3	.500
St. Albans high	4	2	.333
Waterbury high	0	7	.000

## YOU'RE BILIOUS! CLEAN LIVER AND BOWELS TO-NIGHT

Don't Stay Headachy, Sick, or Have Bad Breath and Sour Stomach

Wake Up Feeling Fine! Best Laxative for Men, Women and Children



Enjoy life! Remove the liver and bowel poison which is keeping your head dizzy, your tongue coated, breath offensive, and stomach sour. Don't stay bilious, sick, headachy, constipated and full of cold. Why don't you get a box of Cathartic Candy from the drug store and eat one or two to-night and enjoy the nicest, gentlest liver and bowel cleansing you ever experienced? You will wake up feeling fit and fine. Cathartics never gripe or sicken like salts, pills and calomel. They act so gently that you hardly realize you have taken a cathartic. Mothers—should give cross, sick, bilious or feverish children a whole Cathartic any time—they act thoroughly and are harmless—Adv.

## WHEN LIVER IS TORPID

or sluggish all the other vital organs of your body are affected—you have stomach and bowel troubles, your head aches, your skin loses its clearness, and you have the blues. Take Hood's Pills—gentle and thorough. Do not irritate nor gripe. Price 25c, of all druggists or C. I. Hood Co., Lowell, Mass.

## COLD GONE! HEAD AND NOSE CLEAR

First Dose of "Pape's Cold Compound" Relieves All Grippe Misery

Don't stay stuffed-up! Quit blowing and snuffing! A dose of "Pape's Cold Compound" taken every two hours until three doses are taken will end gripe misery and break up a severe cold, either in the head, chest, body or limbs. It promptly opens clogged-up nostrils and air passages; stops nasty discharge or nose running; relieves sick headache, dullness, feverishness, sore throat, sneezing, soreness and stiffness. "Pape's Cold Compound" is the quickest, surest relief known and costs only a few cents at drug stores. It acts without assistance, tastes nice, and causes no inconvenience. Don't accept a substitute.—Adv.

## CAN'T SECURE CARS TO SHIP POTATOES

Aroostook Growers Say That Is Why They Have Large Stock

Houlton, Me., Feb. 22.—The potato situation in Aroostook county is summed up in six words; shortage of cars and severe cold.

The impression which has gone out from the county to the effect farmers and shippers are hoarding potatoes is unfounded. Farmers and shippers are anxious to ship their crops. One large dealer has had potatoes which were supposed to be delivered on Jan. 1 on hand until Feb. 20, waiting for cars. Buyers are not supposed to buy and hold in large quantities, so the market has been inactive.

No potatoes have been hauled in from the county districts. It is safe to say had cars been available there would not be left to-day one-third of the potatoes now held in Aroostook county.

The price is \$4.67 per hundred pounds, while some are getting a little more for contract lots. In some districts after an order is placed for a car it has been weeks before the car is placed. This has caused much worry, and the car situation in Aroostook county has been a severe trial. The present condition is known by the United States food administration, and it is hoped that the situation may be improved in the course of the next few weeks, for seed stock should move in large quantities from now on.

Farmers will soon have their spring work to attend to, and with the roads badly broken up, the heavy hauling will be extremely difficult.

## SIX TRAINS OF FOOD A DAY FOR THE ALLIES

Will Be Moved Eastward and Will Be Filled with Packinghouse Products

Washington, Feb. 22.—Six trains of packinghouse products for export to the allies will be moved eastward daily for the next month until a great quantity has been hauled, Secretary McAdoo yesterday told Earl Reading, the British ambassador; Count Macchi di Celleri, the Italian minister; and Andre Tardieu, French high commissioner. The representatives of the three allied nations were also told by Mr. McAdoo that between 1,500,000 and 2,000,000 bushels of corn are being taken to primary markets in the West each day. Although in December only about 600 cars of grain were transported daily, now the movement is about 3000 cars. Secretary McAdoo also told the allied representatives that good progress was being made in diversion of export freight traffic from New York to south Atlantic and Gulf ports.

## BAKER CUTS "RED TAPE"

Eliminates Much of the Routine in Connection with Official Papers

Washington, Feb. 22.—Through the approval of an order permitting the direct reference of military matters to the division handling them, Secretary Baker has eliminated a large section of war department "red tape." Heretofore, all papers destined for the military officials had to pass through "channels" leading to the office of the adjutant general. From there they were distributed to the staff departments. After a decision had been reached the papers in each case had to move back over the route they had come.

## ITALIAN GUNS MORE ACTIVE

Fire Increases West of the Frenzela Valley and Along the Coastal Region

Rome, Feb. 22.—The official communication from headquarters Wednesday says: On the whole front the usual harassing actions were carried out by the opposing artillery; they were more intense west of the Frenzela valley and along the coastal region. "At Messalio and east of the Perchia strong enemy detachments attempting to reach our positions were repulsed; a few prisoners remained in our hands."

## HATS OFF.

By Pauline Worth Hamlin of The Vigilantes

A foreigner who witnessed a parade of soldiers on Fifth avenue was shocked that our men stood with their heads covered when the flag went by. A woman standing near him tried to explain that to the present generation war is a new thing and our men do not realize it is the proper thing to do.

The foreigner answered, "But how can they help but uncover their heads? They are not saluting a bunch of red, white and blue buttons? They are saluting their own wonderful country? They are saluting the blood of heroes? They are saluting liberty, justice, truth and right?" When the next flag came by, off came all hats whose owners were within hearing of the foreigner's voice. Why not always?

## SACRIFICE AND STICK

Banker Lamont Tells Boston Chamber of Commerce of Allies' War Attitude

J. P. MORGAN MAN STIRS HIS HEARERS

He Defends the Administration's Finance Moves

Boston, Feb. 22.—Thomas W. Lamont, a member of the banking firm of J. P. Morgan & Co. of New York, who recently returned from a visit to France and England, described the manner in which these two of America's allies are going about their war tasks, sacrificing cheerfully and bound to win, at yesterday's assembly luncheon of the Chamber of Commerce at Hotel Brunswick, and he aroused the enthusiasm of the gathering of 400 business men.

Mr. Lamont spoke first of some of the sacrifices that he had witnessed in England. At the large country house of Lord Walter Cunliffe, first baron of Headley and governor of the Bank of England for the first five years, where he spent a week end, Mr. Lamont said that instead of the usual large number of servants, he found only one old man, seventy-five or so, and a maid who was old and lame. Lady Cunliffe informed her guest that she and her daughters had gone out into the gardens and fields last summer, picked the fruits and vegetables and put them in large quantities, as well as doing much of their own work. Lady Northcliffe had informed him after he had found the Northcliffes living in a small house in the tenement district of London, a place that Mr. Lamont characterized as "neat but small," that her husband had rented their great house to a Midlands munitions manufacturer, who had not yet felt the need for thrift, for enough to pay the expenses of maintaining a hospital. Everywhere the visitor found evidence of people with ample means saving in every way. Few households now have servants in England, he said, and this is because the able-bodied men have gone to the front or are doing other war work and the girls entered the munitions factories or other industrial establishments.

"Lord Cunliffe," said Mr. Lamont, "did not speak to me in regard to what he was doing to save and help in the war, but I found out that he was walking three miles every morning to his train and three miles back home from the train at night in order to save gasoline. That is the way their thrift is being carried out over there."

"Thrift is something more than mere saving of money; it is a more than ordinary economy. It is saving in the interest of a cause, as well as taking care of your money. The women of England are economizing and exercising thrift in their kitchens. They are making everything go as far as possible—most successfully, too."

"They are eating a war bread over there that I do not care to eat and the jam—which always has been one of the principal foods of the Englishman—is terribly poor now. But, despite these things, we heard no grumbling, no unrest when we in America failed to get the wheat across to Great Britain on time. They just took it as a matter of course and said nothing. That is the way they are in England and France. Thank God they are cheerful and have not lost their sense of humor—which is a life-saver under the circumstances. And this, despite the fact that there probably isn't a home in either country but has suffered the loss of a dear one; a little grave on the banks of the Marne marks to many an English family a spot of ground that will always be 'England' for them."

"It has been said that 'France has been white'." France has suffered terribly, but you will find her just as staunch and true to the winning of the war as ever. She has not faltered; she will not falter. John Mansfield, the English poet, has said it well when he declared that if all of the men of France are killed, the women will take their places on the western front, and if all the women are killed the children will fill their places, and if all the children are killed then the spirit of the departed will come out of their graves to defend France and overpower her foe.

"France had 1,500,000 troops in her army at the beginning of the war, and

## STRONGER MEN TAKE THE LEAD

They Have Nerves of Iron and Real Red Fighting Blood

Vital force is the material from which leaders in all walks of life are made. It is well worth getting and holding. The health and nerve of the athlete is what nature intended every man and woman to have. The blood of an athlete is pure and red. A strong heart pumps and drives it through his body. No wonder that every inch of his system is filled with energy and health, his nerves like iron, spirits high, hard tasks a pleasure, and life one song of joy.

A leading doctor says: "Everyone should feel this way. That if you are not red-blooded, are nervous, all run down and on your last legs, for you to build up your blood and nerves with exercise, fresh air, nourishing food and nature's great prescriber, Phosphated Iron, a real blood and nerve builder."

Then you will be there with vim and push to easily do the work that you now do on your nerves alone. He also says: "Phosphated Iron feeds the blood cells with iron and nerve force, and that leading specialists are now using it successfully all over the country, that it has sprung into almost instant popularity with the better class of doctors as one of the few remedies they can depend on to produce results."

Special Notice.—To insure physicians and their patients getting the genuine Phosphated Iron we put up in capsules only, so do not allow dealers to substitute any pills or tablets. E. A. Brown, the druggist, and leading druggists everywhere.—Adv.

## DANGER FOLLOWS ATTACK OF GRIP

Many People Are Left in a Wretched Condition After the Influenza Passes

Mrs. Van Scoy Experiences Dangerous After-Effects of the Grip and Learns the Value of a Blood Remedy

The danger from grip is seldom over when the characteristic symptoms, the fever, the catarrh, the headache and the depression of spirits pass away. The grip leaves behind it weakened vital powers, thin blood, impaired digestion and over-sensitive nerves—a condition that makes the system an easy prey to pneumonia, bronchitis, rheumatism, nervous prostration, and even consumption. Too much stress cannot be laid on the importance of strengthening the blood and nerves during convalescence.

Dr. Williams' Pink Pills are justly regarded as peculiarly adapted to building up the health after a siege of the grip.

Mrs. Laura M. Van Scoy, who lives at No. 29 Thorpe street, Danbury, Conn., makes a statement that supports this claim. She says:

"I had a severe attack of grip, and before I had fully recovered rheumatism set in and tormented me for three months. I was in a badly run-down state. Soon after it began I was so lame for a week that I could hardly walk. It kept growing steadily worse, and pretty soon I actually couldn't walk. At last I had to give up completely and for three weeks I was obliged to keep to my bed. My knees were so stiff I couldn't bend them and my hands were perfectly helpless. Then the pains began to threaten my heart and thoroughly alarmed me. "While I was suffering in this way I chanced to run across a little book that told about the merits of Dr. Williams' Pink Pills. The statements in it impressed me and led me to buy a box. It was fortunate for me that I did, for these pills proved the very thing I needed. Improvement set in as soon as I began to take them, and it was very marked by the time I had finished the first box. Four boxes made me a well woman. In fact, the pills proved so thoroughly adapted to my case that there is nothing further to report except I am very grateful and that I sincerely recommend Dr. Williams' Pink Pills to any people who are sick as I was."

Dr. Williams' Pink Pills for Pale People contain just the elements needed to build up the blood and restore the lost color and vitality. New energy circulates through the system with the enriched blood, the heart stops its alarming palpitating, color returns to cheeks and lips.

Nothing more is needed except sunlight, good air, proper food and rest. If you do not know exactly what to do to follow in these matters write to-day to the Dr. Williams' Medicine Co., Schenectady, N. Y., for booklets on the blood and diet. Your own druggist sells Dr. Williams' Pink Pills.—Adv.

## now she has along the front 2,750,000.

"I believe that most of us realize the responsibilities that rest upon our people and the tremendous efforts that are required of them to discharge those responsibilities. We are already familiar with the great sums that the government will require. Unprecedented demands for capital have followed unprecedented demands. They have been met. More unprecedented demands are to come. How are they to be met? We do not know, but we are certain that the country working as a unit will be equal to the task."

"We see on all sides readjustments in business, the arm of the government reaching out, putting necessary limitations here and there, a gradual bending of the nation's energies and resources to the nation's needs. No doubt more or less uncertainty, disturbance and hardship are unavoidably caused by enforced readjustment."

"We are, therefore, wise for our people to study down the activities of non-essential industries and gradually speeding up those that are vital to the needs of the war. Such transition is indeed a delicate matter. If it be handled too abruptly, the country's business will suffer too great dislocation. Even skillfully planned and executed it will bring some hardships. But the problem is so pressing and our allies abroad have handled it so courageously and skillfully that it seems essential for most of us to address ourselves to the whole problem with promptness and energy."

## ARMY FREIGHTER CATCHES FIRE AT PIER

Flames Checked with Steam After Water and Chemicals Fail—Second Such Case in Five Days

An Atlantic Port, Feb. 22.—An army freightship being loaded with shell parts and steel for transport to France caught fire yesterday. The flames started in the boiler room and spread to the engine room, where the progress was checked by flooding the compartment with steam after water and chemicals had failed to extinguish them. Federal agents questioned members of the crew and laborers loading the vessel. The fire is the second one on steamships at this port within five days.

## PORTUGUESE REPEL RAIDS.

Beat Back Several German Patrols During Past Week

Paris, Feb. 22.—A Portuguese official communication issued Wednesday, dealing with the operations of the Portuguese forces on the western front, says: "During the past week we have repulsed several patrol attacks and captured one officer and two men belonging to these patrols."

"A Gotha airplane fell inside our sector and its crew, composed of two officers, was made prisoners."

## PAYING HIGH FOR POTATOES.

New England Has to Pay More Than Other Places in East

Boston, Feb. 22.—New England cities are paying from one-quarter to one-half cent a pound more for potatoes than other large cities east of Chicago, reports of the United States bureau of markets here showed Wednesday. Grocers and provision dealers were selling potatoes on a 25-cent margin at 215 cents a pound, the bureau reported, but small supplies coming into the local market prevented any reduction in the price.

Colds Cause Headache and Grip. LAXATIVE BROMO QUININE Tablets remove the cause. There is only one "Bromo Quinine." E. W. GROVE'S signature on box. 25c.—Adv.

## Nobody's Hard to Fit in Hart Schaffner & Marx Clothes

For men who think they're hard to fit, we have a way of showing you how easy it is. HART SCHAFFNER & MARX have made a scientific study of the subject; and have provided us with suits in sizes and dimensions to fit every man. Designed with perfect lines for every figure.

Big men, tall men, short stout men, extra tall slender men, tall stout men; stoop-shouldered, sloping-shouldered, round or square-shouldered, your size is here. We've a big stock of these "odd-sized" clothes, the best you'll find.

## Moore & Owens

Barre's Leading Clothiers  
122 N. Main St. Tel. 257-W



## BERMUDA ONION SEED.

Southwest Can Produce Regularly Better Seed Than Is Imported.

Recommending that American seed growing should supply the home demand for Bermuda onion seed, the United States department of agriculture says that the seed may be profitably grown in certain regions of the southwestern United States.

In 1916 the United States imported from Tenerife, Canary islands, about 75,000 pounds of Bermuda onion seed. The usual retail price of this seed is from 82 to 82.50 a pound, though in years of scarcity the price has gone as high as \$6 a pound. Until recently this country produced no Bermuda onion seed at all; and though good yields of the seed have been obtained at Laredo, Tex., the yield has not been wholly dependable from year to year. While in 1916 and the past year considerable California-grown Bermuda seed has been offered to the trade, the importance of producing a supply of seed from carefully selected mother bulbs was given special prominence by the results obtained through work of the department of agriculture begun at Sacaton, Ariz., in 1913 and 1914.

## HARTNESS REACHES EUROPE.

Vermont Man Is Member of U. S. Aircraft Commission.

Springfield, Feb. 22.—A cable has been received to the effect that James Hartness, federal food administrator for Vermont, who sailed from this country recently for Europe as a member of the United States aircraft commission, has arrived safely on the other side.

Spring poems must expect to get written almost any day beginning next Friday.

## COMB SAGE TEA IN HAIR TO DARKEN IT

It's Grandmother's Recipe to keep her Locks Dark, Glossy, Beautiful.

The old-time mixture of Sage Tea and Sulphur for darkening gray, streaked and faded hair is grandmother's recipe, and folks are again using it to keep their hair a good, even color, which is quite sensible, as we are living in an age when a youthful appearance is of the greatest advantage.

Nowadays, though, we don't have the troublesome task of gathering the sage and the mussy mixing at home. All drug stores sell the ready-to-use product, improved by the addition of other ingredients, called "Wyeth's Sage and Sulphur Compound." It is very popular because nobody can discover it has been applied. Simply moisten your comb or a soft brush with it and draw this through your hair, taking one small strand at a time; by morning the gray hair disappears, but what delights the ladies with Wyeth's Sage and Sulphur Compound, is that, besides beautifully darkening the hair after a few applications, it also produces that soft lustre and appearance of abundance which is so attractive. This ready-to-use preparation is a delightful toilet requisite for those who desire a more youthful appearance. It is not intended for the cure, mitigation or prevention of disease.—Adv.

## BELLANS

Absolutely Removes Indigestion. Druggists refund money if it fails. 25c

Piles Cured in 6 to 14 Days. Druggists refund money if PAIN OINTMENT fails to cure itching, blind, bleeding or protruding piles. First application gives relief. 50c.—Adv.

## IS STILL AN OBSTRUCTIONIST

Hutcheson of the Carpenters Again Refuses to Sign an Agreement

17 OTHER UNIONS HAVE ALREADY SIGNED

Instead, He Has Submitted a Counter Proposal to the Government

Washington, Feb. 22.—William L. Hutcheson, president of the Brotherhood of Carpenters and Joiners, yesterday declined again to sign the memorandum already signed by the seventeen other shipworkers' unions giving the shipbuilding wage adjustment board full authority to settle all differences.

Instead, he submitted a counter proposal and let it be known that until the wage adjustment board accepted it he would have no further conferences. The terms of the proposal were not announced, but are understood to state that the Carpenters' union is willing to leave questions of wages and hours, but not questions of conditions of labor, to the department of labor and that the union will agree that all labor be hired through the department of labor.

## AMUSEMENT NOTES

"There She Goes" Pleased a Quebec Audience Recently.

The Quebec Chronicle of Feb. 8 had the following to say about "There She Goes," which will be given at the Barre opera house Monday evening, Feb. 25: "There She Goes" is the musical comedy by Louis Weeslyn, "went" with a will at the Auditorium last evening, a packed house enjoying every minute of the two-act entertainment which contained good singing, sparkling dialogue and comedy of the side-splitting variety, besides contributing dancing and musical specialties of a high order. Pretty girls attired in pretty costumes and beautiful stage setting lent color to the piece which went with a swing from start to finish and there was not a dull moment during the evening.

Martha Craver as "Mary Brown," sang sweetly and scored heavily in "When Love Comes Along" and "Sometimes You'll Remember." The latter song was beautifully and feelingly rendered and won her insistent encores which were well deserved. Alf. Knight as "Valentine Van Dyke" sustained his role to perfection and possesses a pleasing voice though it has not any great depth or range. His singing, however, was most acceptable and his duet with "Mary," "Sometimes If Dreams Come True" was meritorious. The comedy of the piece was really good, Harvey Orr as "Professor Simmons" Bugoliat and Kenneth Christy as "Rufus M. Washington," the colored valet, supplying many hearty laughs during the evening. Their automobile breakdown scene was one of the funniest witnessed here for some time, and it took the house by storm. Silence Tower as "Mrs. Clayton" interpreted

her role as "the widow" very creditably. Cal Clifford, besides playing "Bobby Baxter" and singing and dancing with good effect, contributed a splendid "lophone" selection; the Imperial Quartet was one of the hits of the evening and they were recalled about eight or nine times. Whirlwind dancing by the LeRays was simply great. Marion Weaver as "Molly McIntyre" fresh from Vassar, was all that could be desired, her singing and dancing being very pleasing. The Hawaiian songs and dances were catchy and the scenic effects very good.

## Clear, Peachy Skin Awaits Anyone Who Drinks Hot Water

Says an inside bath, before breakfast, fast helps us look and feel clean, sweet, fresh.

Sparkling and vivacious—merry, bright, alert—a good, clear skin and a natural, rosy, healthy complexion are assured only by pure blood. If only every man and woman could be induced to adopt the morning inside bath, what a gratifying change would take place. Instead of the thousands of sickly, anaemic-looking men, women and girls, with pasty or muddy complexions; instead of the multitudes of "nerve wrecks," "rundowns," "brain fags" and pessimists we should see a virile, optimistic throng of rosy-cheeked people everywhere.

An inside bath is had by drinking each morning, before breakfast, a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver, kidneys and ten yards of bowels the previous day's indigestible waste, sour fermentations and poisons, before putting more food into the stomach.

Those subject to sick headache, biliousness, nasty breath, rheumatism, colds; and particularly those who have a pallid, sallow complexion and who are constipated very often, are urged to obtain a quarter pound of limestone phosphate at the drug store which will cost but a trifle, but is sufficient to demonstrate the quick and remarkable change in both health and appearance awaiting those who practice internal sanitation.—Adv.

## Arms Covered With Small Red Pimples Cuticura Healed

"A slight itching began on my arms at first, and it increased rapidly, being worse at night. My arms were simply covered with small red pimples which itched terribly. I could not sleep nights, and my clothing irritated the eruption, and caused it to become very painful. My arms got so bad I could hardly move them. Later the pimples scattered on my body, except my limbs. "Finally I sent for a free sample of Cuticura Soap and Ointment. I purchased two cakes of Cuticura Soap and two boxes of Cuticura Ointment which healed me." (Signed: Mrs. H. M. Clark, 113 Seaside Ave., Guilford, Conn., August 6, 1917.)

Why not use these fragrant, super-creamy emollients for every-day toilet and nursery purposes and prevent these distressing skin troubles. Sample each free by Mail. Address: "Cuticura," Dept. H, Boston. Sold everywhere. Soap 25c. Ointment 25c and 50c.